

**ANXIETY FACTORS OF THE MOST ANXIOUS STUDENTS
ON THE SECOND YEAR STUDENTS OF ENGLISH EDUCATION
STUDY PROGRAM IN MUHAMMADIYAH KOTABUMI UNIVERSITY**

A RESEARCH PAPER

**BY
AYU PURNAMA SARI
1888203014**

STUDY PROGRAM OF ENGLISH EDUCATION



**FACULTY OF TEACHER TRAINING AND EDUCATION
MUHAMMADIYAH KOTABUMI UNIVERSITY
LAMPUNG
2023**

**ANXIETY FACTORS OF THE MOST ANXIOUS STUDENTS
ON THE SECOND YEAR STUDENTS OF ENGLISH EDUCATION
STUDY PROGRAM IN MUHAMMADIYAH KOTABUMI UNIVERSITY**

A RESEARCH PAPER

Presented to Muhammadiyah Kotabumi University in Partial Fulfillment Of The
Requirement for Undergraduate Degree in Study Program of English Education

BY

AYU PURNAMA SARI

NPM 1888203014



**FACULTY OF TEACHER TRAINING AND EDUCATION
MUHAMMADIYAH KOTABUMI UNIVERSITY
LAMPUNG
2023**

APPROVAL


Title of Research Proposal : Anxiety Factors of the Most Anxious Students on the
Second Year Students of English Education Study
Program in Muhammadiyah Kotabumi University

Student Name : Ayu Purnama Sari

NPM : 1888203014

Study Program : Study Program of English Education


Advisor I



Asep hardlyanto, S.Pd., M.Pd.
NKTAM. 1189657

Kotabumi,

Advisor II



Dewi Sri Kuning, S.Pd., M.Pd.
NKTAM. 1151878

Approved:

Head of Study Program of English Education



Dewi Sri Kuning, S.Pd., M.Pd.
NKTAM. 1151878

ATTESTATION

Board of Examiners,

Chief : Asep Hardiyanto, S.Pd., M.Pd.

Secretary : Dewi Sri Kuning, S.Pd., M.Pd.

Main Examiner : Dr. Sigit Suharjono, M.Pd.



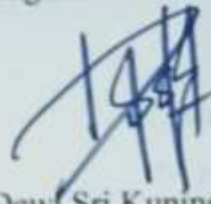
.....
.....
.....

Dean Faculty of
Teacher Training and education,



Dr. Badawati, S.H., M.Pd.

Head Study Program of
English Education,



Dewi Sri Kuning, S.Pd., M.Pd.
NKTAM. 1151878

Exam Pass Date : 17 April 2023

DECLARATION

I am who undersigned below :

Students' Name : Ayu Purnama Sari

Students' Number : 1888203014

Study Program : English Education

This research paper is honestly my own research writing and have never done by plagiarism or taken other peoples' thinking or writing which contradict with the code of ethics in scientific writing.

By having stated that this declaration I am ready to take the consequences if someday it is found that there is plagiarism or obstruction on the code of ethics on the scientific writing or there is a claim that can be proven by other people on the authentically of the research paper.

Kotabumi, 20 July 2023

The researcher



Ayu Purnama Sari

NPM. 1888203014

MOTTO

“Allah does not burden a person but according to his or her ability.”

(Q.S Al-Baqarah : 286)

“The wind does not blow to shake the trees, but to test the strength of the roots.”

(Ali bin Abi Thalib)

“Whatever is your destiny, will find a way to find you.”

(Ali bin Abi Thalib)

“You will regret someday if you do not do your best now”

(Ayu Purnama Sari)

DEDICATION

This research paper is sincerely dedicated to :

My beloved parents

My father Mr. Syahroni, S.E., M.M and my mother Mrs. Junaidah who always support and pray for me until until I accomplishing this research paper.

My beloved sister and brother

Uci Permata Sari, Dea Puspita Sari, Dio Syahputra, thank you for your prayers and support for me.

My beloved cousin

Fitri Agustina, S.Kom thank you for your support, prayers, and help in the process of writing my thesis.

My beloved friend since senior high school

Andini Fadillah, S.H thank you for motivating and supporting me in all condition.

My best friends at campus

Dewi Sintia Wati, S.Pd, Rohaini, S.Pd, Mutia Restika, S.Pd, Sindi Dwi Aprilia, Zona Erni thank you for always helping me in everything.

My self

Thank you for being strong and never giving up, sorry for often forcing you to keep going even though you are tired. Thank you for always trying to reach your dreams. Once more thanks to myself.

ACKNOWLEDGMENT

Alhamdulillahirobilalamin, thank to Allah SWT the almighty for the blessing and the mercy that the researcher is able to finish this research paper with the title “Anxiety Factors of the Most Anxious Students on the Second Year Students of English Education Study Program in Muhammadiyah Kotabumi University”. In this occasion, the researcher would like to express the gratitude to Mr. Dr. Sumarno, M.Pd. as the Rector University of Muhammadiyah Kotabumi North Lampung, and to Mrs. Dewi Sri Kuning, S.Pd., M.Pd. as the head of English Study Program University of Muhammadiyah Kotabumi. The first gratitude would be expressed to University of Muhammadiyah Kotabumi. The second gratitude would be expressed to both of my advisors such as Mr. Asep Hardiyanto, S.Pd., M.Pd. as my first advisor, and Mrs. Dewi Sri Kuning, S.Pd., M.Pd. as my second advisor. The third, for all lectures in University of Muhammadiyah Kotabumi for supporting the researcher in finishing this paper.

The next gratitude would also be delivered to all students in English education study program batch 18 that could not be mentioned one by one. Thank you for all the motivation. Therefore, the researcher very welcome if there are many criticism and suggestion. The writer hopes that this research can give positive advantages in teaching and learning speaking in English.

Kotabumi, 20 July 2023

The Researcher

Ayu Purnama Sari

NPM. 1888203014

TABLE OF CONTENTS

	Page
COVER	i
TITLE PAGE.....	ii
ADVISORS' APPROVAL SHEET	iii
ATTESTATION.....	iv
DECLARATION.....	v
MOTTO	vi
DEDICATION.....	vii
ABSTACT.....	viii
ABSTRAK	ix
ACKNOWLEDGMENT	x
TABLE OF CONTENS	xi
LIST OF TABLES	xiii
CHAPTER I INTRODUCTION	1
1.1 Background of the Problems.....	1
1.2 Focus of the Problem	6
1.3 Formulation of the Problem	6
1.4 Objectives of the Research.....	6
1.5 Uses of the Research	6
CHAPTER II THEORY REVIEW	8
2.1 Concept of Anxiety	8
2.1.1 Foreign Language Anxiety.....	9
2.1.2 Factors Causing Students' Anxiety.....	14

2.2	Concept of Speaking	17
2.2.1	Types of Speaking.....	18
2.2.2	Component of Speaking Skill	20
2.3	Related Previous Research.....	22
CHAPTER III RESEARCH METHODS.....		27
3.1	Research Methods	27
3.2	Place of the Research	27
3.3	Data Source	27
3.4	Research Instrument.....	28
3.5	Data Collecting Technique.....	31
3.6	Plan of Testing Validity and Reliability of the Data.....	32
3.7	Data Analysis	33
CHAPTER IV RESEACH RESULT		35
4.1	Reseach Result	35
4.1.1	Interview Data.....	35
4.1.2	Observation Data.....	65
4.2	Discussion	67
CHAPTER V CLOSING.....		70
5.1	Conclusion	70
5.2	Suggestion.....	71
REFERENCES.....		72
Curriculum Vitae		73
APPENDIX.....		74

LIST OF TABLES

1. Table 1 the spesification of students' interview question	29
2. Table 2 observation guadline	66



LEMBAGA PENELITIAN DAN PENGABDIAN KEPADA MASYARAKAT
UNIVERSITAS MUHAMMADIYAH KOTABUMI
E-mail: ippm@umko.ac.id Website: <https://ippm.umko.ac.id>
Jl. Hassan Karpala Ratu No. 1052 Sindangtani Lampung Utara

SEKERTIFIKAT BEBAS PLAGIASI

No: 123/SBP/IAU/LPPM/2023

Telah dilakukan cek plagiasi oleh Lembaga Penelitian dan Pengabdian kepada Masyarakat (LPPM) Universitas Muhammadiyah Kotabumi terhadap naskah ilmiah yang disusun oleh

Nama	Ayu Purnama Sari
NIM	1885203014
Program Studi	Pendidikan Bahasa Inggris
Fakultas	FKIP
Jenis Naskah Ilmiah	Skripsi
Judul Naskah Ilmiah	THE FACTORS CAUSING STUDENTS' SPEAKING ANXIETY ON THE FOURTH SEMESTER OF ENGLISH EDUCATION STUDY PROGRAM IN MUHAMMADIYAH KOTABUMI UNIVERSITY ACADEMIC YEAR 2022/2023

dan dinyatakan bebas plagiasi dengan kriteria toleransi **32%**



Kotabumi, 09 April 2023
Kepala LPPM



Dr. Sri Widayati, M.Hum
NIP.1958090319940320001